About these courses
These courses are approved to fulfill Illinois Department of Financial and Professional Regulations massage therapy continuing education requirements. Beginning with the December 31, 2008 renewal and every renewal thereafter, in order to renew a license, a licensee shall be required to complete 24 hours of continuing education, including at least 2 hours on ethics. A pre-renewal period is the 24 months preceding December 31 of each even-numbered year. A renewal applicant shall not be required to comply with CE requirements for the first renewal of an Illinois license.

Instructors
A certified/registered aromatherapist and massage therapist, Sara Holmes is also an NCBTMB-approved provider with more than 10 years’ experience in healthcare. She is owner of Botanical Healing Arts and a contributing writer for the National Association for Holistic Aromatherapy. Her professional memberships include the National Association for Holistic Aromatherapy, the Alliance of International Aromatherapists, and Aromatics in Action. Through CE Institute of Illinois, Holmes provides continuing education in massage and aromatherapy to therapists in Illinois’s top spas as well as to physicians, nurses, and other healthcare professionals.

Certified Precision Neuromuscular Therapist Douglas Nelson is celebrated in the U.S. and abroad for his clinical research in soft-tissue problems. The founder and principal instructor of Precision Neuromuscular Therapy seminars, Nelson has provided educational seminars to hundreds of groups, from physicians to laypersons. A massage therapist since 1977, he has studied with a host of great educators and worked in several clinical environments. His 16-therapist clinic in Champaign, BodyWork Associates, has been in operation for over 25 years, treating thousands each year.

Location
Parkland College on Mattis, Business Training & Community Education (BTCE), 1315 N. Mattis Ave., Champaign, IL 61821
Headache Seminar
Understanding the physiology of headaches allows therapists to provide more meaningful and relevant treatment. Explore the headache phenomena, including cutting-edge research and manual therapeutic options. Douglas Nelson discusses the multiple causes for headaches; headache types including Migraine, Cervicogenic, Tension, and Trigger Point; client interview/screening techniques; warning signs prompting physician referral; common referral patterns for muscles involved in headaches; and more. Learn a variety of hands-on, beneficial techniques, and more importantly, when soft-tissue therapy is not appropriate.

Mystery of Pain
How well do we understand the process of pain and what it means? The old assumption was that pain was a prompt to stop some potentially harmful activity, but this model does not explain chronic, phantom-limb, or latent pain for today’s clinical practitioners. Douglas Nelson discusses one of the fastest growing fields of study in healthcare today. This fascinating journey takes you into the very heart of pain management. How well do we understand the process of pain and what it means? The old assumption was that pain was a prompt to stop some potentially harmful activity, but this model does not explain chronic, phantom-limb, or latent pain for today’s clinical practitioners. Douglas Nelson discusses one of the fastest growing fields of study in healthcare today. This fascinating journey takes you into the very heart of pain management.

Aromatherapy for Bodyworkers and Estheticians
Sara Holmes will show licensed massage therapists, certified bodyworkers, cosmetologists, and estheticians how to integrate aromatherapy into their practice. Topics include basic aromatherapy, blending, pathways to the body, integration with bodywork, essential oils data, and working within holistic framework.

Registration
- Payment must be received by the registration deadline.
- Mail or deliver the completed registration form along with payment to Parkland College Business Training & Community Education (BTC), 1315 N. Mattis Ave., Champaign, IL 61821.
- Fax the completed form to 217/351-9284.
- Call 217/351-2235.
- Online: www.parkland.edu/businesstraining

Cancellation/Refund Policy
- Refunds are processed by the Business Office, 217/351-2233.
- You will be responsible for payment of fees associated with these workshops/courses unless you officially drop before the first day of the workshop/course.
- If the college cancels a course, your drop from the course and your refund of all fees are processed automatically.

PLEASE REGISTER ME FOR:
- WBT 485-001Z
  $55
  Deadline: Oct 13
- HCS 752-001Z
  $375
  Deadline: Oct 27
- WBT 486-001Z
  $55
  Deadline: Nov 10

VOLUNTARY INFORMATION
(for state reporting purposes only)
- GENDER:
  - Male
  - Female
- ETHNIC/RACIAL DESCRIPTION:
  - Nonresident Alien
  - Race/Ethnicity Unknown
  - Hispanics of any race
  - American Indian or Alaskan Native
  - Asian
  - Black or African American
  - Native Hawaiian or Other Pacific Islander
  - White/Caucasian
  - Two or more races
- HIGHEST DEGREE EARNED:
  - GED
  - High school diploma
  - Certificate
  - Associate’s degree
  - Bachelor’s degree
  - Master’s degree
  - First professional degree
  - Doctoral degree
  - Other

Send completed and signed form with payment to:
Parkland College
Business Training & Community Education
1315 N. Mattis Ave.
Champaign, IL 61821
Fax: 217/351-5928
Email: businesstraining@parkland.edu

RESIDENCY INFORMATION
A resident of Parkland College District 505 is one who has established a permanent dwelling place (domicile) in the district for other than educational purposes and shows evidence of continuing intent to remain in the district. Residence must be established a minimum of 30 days prior to registering for, or the beginning of the term in which the student wishes to enroll. Students under the age of 21 whose parents live outside District 505 may not claim residency unless they can provide proof they are financially independent of their parents, and they may not be claimed as dependents for income tax purposes or on any type of insurance.

- My permanent residence is outside the Parkland district. I am a resident of (city) (state) (month) (year).
- My permanent and only place of residence is within the Parkland College district. I am independent of parental control and support; I am not claimed as a dependent for income tax, family insurance, or financial aid purposes by anyone other than myself or my spouse. (An affidavit will be required for students who move from outside the district.)
- I reside within the Parkland College district and am financially dependent upon my parents (or legal guardians), who are permanent residents of Parkland’s district. (If you check this statement, disregard remaining statements.)
- My permanent residence is outside Parkland district. I am a resident of (city) (state) (month) (year).

My voter registration, automobile registration, and driver’s license all verify that my residence is within Parkland’s district.

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SIGNATURE ___________________________ DATE ________________

YOUR SIGNATURE IS REQUIRED
I certify that the above statements are correct and complete.